



# RECRUITING PREGNANT & POSTPARTUM WOMEN FOR A NUTRITION STUDY



**IF YOU ARE PREGNANT OR POSTPARTUM, SCAN TO SEE IF YOU ARE ELIGIBLE:**



**Contact Us**

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 (706) 389-4149

We want to know whether a multivitamin and mineral supplement created specifically for women after childbirth can help improve nutrition and health.

## QUALIFICATIONS:

- Age 18 years or older
- Generally healthy
- Given birth within the past six (6) weeks

## REQUIREMENTS:

- Attend 2 in-person visits at the UGA research unit of ~1-1.5 hours
- Take a multivitamin-mineral supplement or placebo for 12 weeks
- Complete blood draws and collect urine sample
- Provide breastmilk sample (optional)
- Answer questions about your health and diet

**\*Participants receive a minimum of \$150 in gift cards as a thank you for your time**