



Nutritional Sciences
College of Family and Consumer Sciences
UNIVERSITY OF GEORGIA

*Led by Dr. Sina Gallo, PhD, MSc, RD
Department of Nutritional Sciences*

RECRUITING PREGNANT & POSTPARTUM WOMEN FOR A NUTRITION STUDY



We want to know whether a multivitamin and mineral supplement created specifically for women after childbirth can help improve nutrition and health.

IF YOU ARE PREGNANT OR POSTPARTUM, SCAN TO SEE IF YOU ARE ELIGIBLE:



Contact Us

✉ peachlab@uga.edu

☎ (706) 389-4149

QUALIFICATIONS:

- Age 18 years or older
- Generally healthy
- Given birth within the past six (6) weeks

REQUIREMENTS:

- Attend 2 in-person visits at the UGA research unit of ~1-1.5 hours
- Take a multivitamin-mineral supplement or placebo for 12 weeks
- Complete blood draws and collect urine sample
- Provide breastmilk sample (optional)
- Answer questions about your health and diet

**Participants receive a minimum of \$150 in gift cards as a thank you for your time*